

Standard employee price plans can be paused or cancelled at any time, and provide access to 1000s of different providers at a price point that works for everyone

	Digital*	Starter	Basic	Bronze	Silver	Gold	Platinum
Employee price	N/A	£7.99	£16.99	£29.99	£47.99	£79.99	£127.99
Includes partners worth up to...	£14.99	£24.99	£34.99	£54.99	£79.99	£124.99	£359.99
Available partners	N/A	240 Gyms & studios	860 Gyms & studios	1,500 Gyms & studios	1,800 Gyms & studios	1,900 Gyms & studios	2,100 Gyms & studios
	5 Wellness apps	26 Wellness apps	27 Wellness apps	27 Wellness apps	28 Wellness apps	31 Wellness apps	<i>All apps are available in the Gold plan</i>
			2 Online 1:1 PT sessions p/m	4 Online 1:1 PT sessions per month			
Example partners							

*Optional as an add-on to our core offering
 Plan, prices and partners in each plan are subject to changes

Pause, cancel, change plans monthly with unlimited access to the largest network (in your chosen plan & plans below)

United Kingdom

Starter Plan

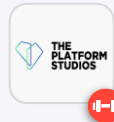
£7.99/month



CALM. Guided meditations and mental fitness for a more calm and mindful life
iOS, Android, Web



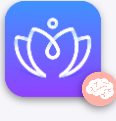
Les Mills+. Workout whenever, wherever to achieve your fitness goals at home, travelling, or at the gym.
iOS, Android, Web



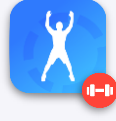
THE PLATFORM STUDIOS. Choose from over 500 group classes per week from HIIT, Barre, Yoga to pilates.
iOS, Android



STRAVA. Record your run, map a cycling route & analyze your training
iOS, Android, Web



MEDITOPIA. Find inner peace through meditation, sleep stories and music
iOS, Android, Web



FIZZUP. More than 600 workout videos and customized meal plans
iOS, Android, Web



WILD. Track how your mental and physical readiness changes daily
iOS, Android



MOBILLS. Get a clear view of your finances, budget and manage your money
iOS, Android, Web



LIFESUM. Reach your goals with meal plans, food tracker, recipes and more.
iOS, Android



NOOTRIC. Personalized nutrition plans supported by real nutritionists
iOS, Android



KWIT. Quit smoking and vaping with daily positivity and kindness
iOS, Android



YOGAIA. Turn your home into a yoga studio with yoga for the whole family
iOS, Android



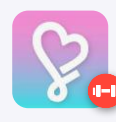
FABULOUS. Personal coach and happiness trainer
iOS, Android



WELLNESS COACH. Life changing meditations and workouts to be your best
iOS, Android



BUDDYFIT Offers live and on-demand classes to help people feel strong and healthy
iOS, Android, Web



FIT BODY Strength training app for women with 12 unique programs.
iOS, Android



GYM LIFE. Track your gym workouts create plans for each muscle group
iOS, Android



SWORKIT. 500+ Easy to follow workouts for adults, kids, and pre/postnatal
iOS, Android



NEOU. On demand HIIT, Yoga, Barre, Dance, and Strength classes from NYC
iOS, Android, Web



EKILU. Healthy meal plans and 2000+ easy recipes to find balance in everyday life
iOS, Android



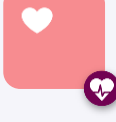
iFEEL. Track your mood or chat live with a therapist anytime
iOS, Android, Web



SLEEP CYCLE A tracking tool to help you improve your sleep.



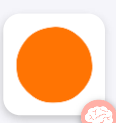
MINDDOC. Answer daily questions to find out your emotional status.
iOS, Android



Maya. Pregnancy, Cycle, and health tracking
iOS, Android, Web



THRIVE GLOBAL. Manage stress, improve focus and improve overall wellbeing
iOS, Android, Web



HEADSPACE. Stress less, sleep soundly, and get happier.
iOS, Android

Basic Plan

£16.99/month

Bronze Plan

£29.99/month



SUPPORTROOM. On-demand therapy chat from anywhere at anytime.
Web

Silver Plan

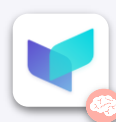
£47.99/month

Gold Plan

£79.99/month



SUPPORTROOM. On-demand 1:1 video sessions with coaches and therapists
Web



THERAPY CHAT. Online 1:1 sessions with therapists and coaches
iOS, Android, Web



iFEEL. Individual support from clinical psychologist
iOS, Android, Web



STRONGER U. Personalized nutrition coaching program.

Guide



Mental Health



Nutrition



Finance



Chronic Illness & Healthy Habits



Fitness

Gympass plans are cascading. If you purchase a higher priced plan, you will have access to all the Wellness Apps, Gyms, Personal Trainers, and Live Classes available in the lower plans as well.

Digital Plan



NOOTRIC. Personalized nutrition plans supported by real nutritionists
iOS, Android



SWORKIT. 500+ Easy to follow workouts for adults, kids, and pre/postnatal
iOS, Android



MOBILLS. Get a clear view of your finances, budget and manage your money
iOS, Android, Web



MEDITOPIA. Find inner peace through meditation, sleep stories and music
iOS, Android, Web



FABULOUS. Personal coach and happiness trainer
iOS, Android

Starter Plan

£7.99/month



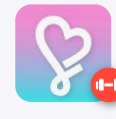
CALM. Guided meditations and mental fitness for a more calm and mindful life
iOS, Android, Web



Les Mills+. Workout whenever, wherever to achieve your fitness goals at home, travelling, or at the gym.
iOS, Android, Web



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FIT BODY Strength training app for women with 12 unique programs.
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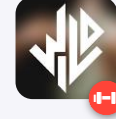
GYM LIFE. Track your gym workouts create plans for each muscle group
iOS, Android



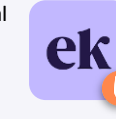
KWIT. Quit smoking and vaping with daily positivity and kindness
iOS, Android



YOGAIA. Turn your home into a yoga studio with yoga for the whole family
iOS, Android



WILD. Track how your mental and physical readiness changes daily
iOS, Android



EKILU. Healthy meal plans and 2000+ easy recipes to find balance in everyday life
iOS, Android



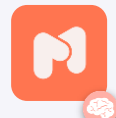
STRAVA. Record your run, map a cycling route & analyze your training
iOS, Android, Web



FIZZUP. More than 600 workout videos and customized meal plans
iOS, Android, Web



WELLNESS COACH. Life changing meditations and workouts to be your best
iOS, Android



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Web

Silver Plan

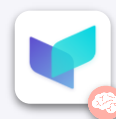
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Ireland

Starter Plan

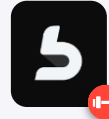
€9.99/month



CALM. Guided meditations and mental fitness for a more calm and mindful life
iOS, Android, Web



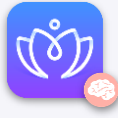
ZEN. Guided meditations, music and programs for personal development
iOS, Android



BUDDYFIT Offers live and on-demand classes to help people feel strong and healthy
iOS, Android, Web



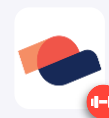
WELLNESS COACH. Life changing meditations and workouts to be your best
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iOS, Android, Web



Les Mills+. Workout whenever, wherever to achieve your fitness goals at home, travelling, or at the gym.
iOS, Android, Web



MOVR. Personalize your training experience with custom 5-minute exercises
iOS, Android



RADARFIT. Earn points for healthy eating, exercise, and daily water intake
iOS, Android



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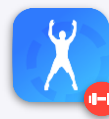
SWORKIT. 500+ Easy to follow workouts for adults, kids, and pre/postnatal
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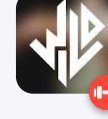
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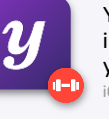
WILD. Track how your mental and physical readiness changes daily
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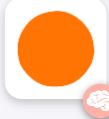
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HEADSPACE. Stress less, sleep soundly, and get happier.
iOS, Android

Basic Plan

Also includes everything in the Starter Plan

€14.99/month

Silver Plan

Also includes everything in the Starter Plan

€49.99/month



SUPPORTROOM. On-demand therapy, from anywhere at anytime.
Web

Gold Plan

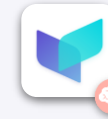
€79.99/month

Platinum Plan

€129.99/month



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THERAPY CHAT. Your online therapist and coach
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Starter Plan €9.99/month

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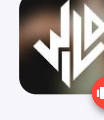
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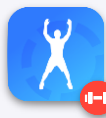
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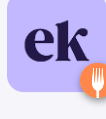
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Silver Plan

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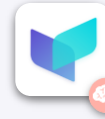
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