Standard employee price plans can be paused or cancelled at any time, and provide access to 1000s of different providers at a price point that works for everyone

	Digital*	Starter	Basic	Bronze	Silver	Gold	Platinum
Employee price	N/A	£7.99	£16.99	£29.99	£47.99	£79.99	£127.99
Includes partners worth up to	£14.99	£24.99	£34.99	£54.99	£79.99	£124.99	£359.99
Available partners	N/A	240 Gyms & studios	860 Gyms & studios	1,500 Gyms & studios	1,800 Gyms & studios	1,900 Gyms & studios	2,100 Gyms & studios
	5 Wellness apps	26 Wellness apps	27 Wellness apps	27 Wellness apps	28 Wellness apps	31 Wellness apps	All apps are available in the Gold plan
			2 Online 1:1 PT sessions p/m	4 Online 1:1 PT sessions per month			8 Online 1:1 PT sessions p/m
Example partners	CANYTIME every one BETTER more yoga Bannatyne Triness First The Nuffield Health BOX BARRY'S FIE						
	🗋 🖾 🚱 🙆 🧩 🕅 🕼 🖌						

*Optional as an add-on to our core offering Plan, prices and partners in each plan are subject to changes

Pause, cancel, change plans monthly with unlimited access to the largest network (in your chosen plan & plans below)

United Kingdom

Gympass

United Kingdom

Starter Plan



CALM. Guided meditations and mental fitness for a more calm and mindful life iOS, Android, Web



MEDITOPIA. Find inner peace through meditation, sleep stories and music iOS, Android, Web



Les Mills+. Workout whenever, wherever to achieve your fitness goals at home, travelling, or at the gym. iOS, Android, Web

FIZZUP. More than 600

customized meal plans

workout videos and

iOS, Android, Web

THE PLATFORM STUDIOS. Choose from over 500 group classes per week from HIIT, Barre, Yoga to pilates. iOS, Android



STRAVA. Record your run, map a cycling route & analyze your training iOS. Android. Web



MOBILLS. Get a clear view of your finances, budget and manage your money iOS, Android, Web



LIFESUM. Reach your goals with meal plans, food tracker, recipes and more. iOS, Android



NOOTRIC. Personalized nutrition plans supported by real nutritionists iOS, Android

WELLNESS COACH. Life

changing meditations and

workouts to be your best

iOS, Android



KWIT. Quit smoking and vaping with daily positivity and kindness iOS, Android

BUDDYFIT Offers live

to help people feel

strong and healthy

and on-demand classes

WILD. Track how your

readiness changes daily

mental and physical



£7.99/month

YOGAIA. Turn your home into a yoga studio with yoga for the whole family iOS, Android

FIT BODY Strength training

app for women with 12

unique programs.



FABULOUS. Personal coach and happiness trainer iOS, Android



GYM LIFE. Track your gym workouts create plans for each muscle group iOS, Android



SWORKIT. 500+ Easy to follow workouts for adults, kids, and pre/postnatal iOS, Android



NEOU. On demand HIIT, Yoga, Barre, Dance, and Strength classes from NYC iOS, Android, Web

eĸ

iOS, Android

EKILU. Healthy meal in everyday life



plans and 2000+ easy recipes to find balance



anytime iOS, Android, Web

iFEEL. Track your mood or chat live with a therapist



THRIVE GLOBAL. Manage stress, improve focus and improve overall wellbeing



HEADSPACE. Stress less, sleep soundly, and get happier.

iOS, Android



MINDDOC. Answer daily questions to find out your emotional status. iOS, Android



Maya. Pregnancy, Cycle, and health tracking iOS, Android, Web

Bronze Plan

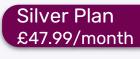
£29.99/month



Basic Plan

£16.99/month

SUPPORTROOM. Ondemand therapy chat from anywhere at anytime.



Room

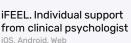




Gold Plan

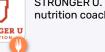
THERAPY CHAT. Online 1:1 sessions with therapists and coaches iOS, Android, Web







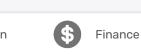
STRONGER U. Personalized nutrition coaching program.

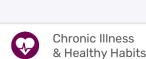


Guide

Mental Health

Nutrition





1-1



Gympass plans are cascading. If you purchase a higher priced plan, you will have access to all the Wellness Apps, Gyms, Personal Trainers, and Live Classes available in the lower plans as well.

SLEEP CYCLE A tracking tool to help you improve your sleep.





Gympass

United Kingdom

Digital Plan



NOOTRIC. Personalized nutrition plans supported by real nutritionists iOS, Android



SWORKIT. 500+ Easy to follow workouts for adults, kids, and pre/postnatal iOS, Android

Les Mills+. Workout whenever,

LIFESUM. Reach your goals

tracker, recipes and more.

YOGAIA. Turn your home

yoga for the whole family

FIZZUP. More than 600

customized meal plans

workout videos and

iOS, Android, Web

into a yoga studio with

wherever to achieve your

travelling, or at the gym.

with meal plans, food

fitness goals at home,

iOS, Android, Web

iOS, Android

iOS, Android



MOBILLS. Get a clear view of your finances, budget and manage your money iOS, Android, Web



MEDITOPIA. Find inner peace through meditation, sleep stories and music iOS, Android, Web



FABULOUS. Personal coach and happiness trainer iOS, Android

Starter Plan



CALM. Guided meditations and mental fitness for a more calm and mindful life iOS, Android, Web



iFEEL. Track your mood or chat live with a therapist iOS, Android, Web



KWIT. Quit smoking and vaping with daily positivity and kindness iOS, Android



STRAVA. Record your run, map a cycling route & analyze your training

iOS. Android. Web



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THRIVE GLOBAL. Manage stress, improve focus and improve overall wellbeing

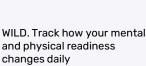


NEOU. On demand HIIT, Yoga, Barre, Dance, and Strength classes from NYC iOS, Android, Web

SLEEP CYCLE A tracking

tool to help you improve

your sleep.



£7.99/month



GYM LIFE. Track your gym workouts create plans for each muscle group iOS, Android

FIT BODY Strength training

app for women with 12

unique programs.

OS. Android



EKILU. Healthy meal plans and 2000+ easy recipes to find balance in everyday life iOS, Android



WELLNESS COACH. Life changing meditations and workouts to be your best iOS, Android



MINDDOC. Answer daily questions to find out your emotional status. iOS, Android

£29.99/month



Basic Plan

Support

Silver Plan

Support

Room

£47.99/month

Room

£16.99/month

Maya. Pregnancy, Cycle, and health tracking iOS, Android, Web

Web



SUPPORTROOM. Ondemand therapy chat from

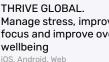
anywhere at anytime.

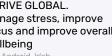
SUPPORTROOM. On-

with coaches and

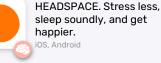
therapists

demand 1:1 video sessions

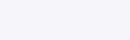








Bronze Plan



Gold Plan £79.99/month



Finance

THERAPY CHAT. Online 1:1 sessions with therapists and coaches iOS, Android, Web

Chronic Illness

& Healthy Habits



iFEEL. Individual support from clinical psychologist iOS, Android, Web



STRONGER U. Personalized nutrition coaching program.







Nutrition

Gympass plans are cascading. If you purchase a higher priced plan, you will have access to all the Wellness Apps, Gyms, Personal Trainers, and Live Classes available in the lower plans as well.





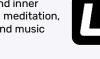
ympass

Starter Plan

CALM. Guided meditations and mental fitness for a more calm and mindful life iOS, Android, Web



MEDITOPIA. Find inner peace through meditation, sleep stories and music iOS, Android, Web



zen



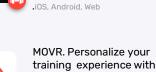
ZEN. Guided meditations,

music and programs for

personal development

iOS. Android

fitness goals at home, travelling, or at the gym. iOS, Android, Web



BUDDYFIT Offers live and on-demand classes to help people feel strong and healthy iOS, Android, Web

custom 5-minute

exercises

iOS, Android

€9.99/month



WELLNESS COACH. Life changing meditations and workouts to be your best iOS, Android



RADARFIT. Earn points for healthy eating, exercise, and daily water intake iOS, Android



LIFESUM. Reach your goals with meal plans, food tracker, recipes and more. iOS, Android



NOOTRIC. Personalized nutrition plans supported by real nutritionists iOS, Android

SLEEP CYCLE A tracking

tool to help you improve

your sleep.



MOBILLS. Get a clear view of your finances, budget and manage your money

GYM LIFE. Track your gym

workouts create plans for

each muscle group

iOS, Android



KWIT. Quit smoking and vaping with daily positivity and kindness iOS, Android

SWORKIT. 500+ Easy to

kids, and pre/postnatal

iOS, Android

follow workouts for adults,



FABULOUS. Personal coach and happiness trainer iOS Android





NEOU. On demand HIIT, Yoga, Barre, Dance, and Strength classes from NYC iOS, Android, Web



FIZZUP. More than 600 workout videos and customized meal plans



WILD. Track how your mental and physical readiness changes daily



Chronic Illness

& Healthy Habits

Fitness

MINDDOC. Answer daily questions to find out your emotional status. iOS, Android



iFEEL. Track your mood or chat live with a therapist anytime ndroid, Web



Basic Plan

Guide

Mental Health

Maya. Pregnancy, Cycle, and health tracking



ek

THRIVE GLOBAL. Manage stress, improve focus and improve overall wellbeing

EKILU. Healthy meal

in everyday life

iOS, Android, Web

plans and 2000+ easy

recipes to find balance





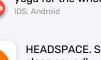




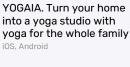






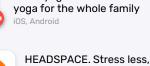


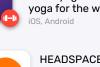


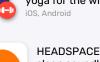




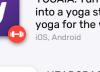




















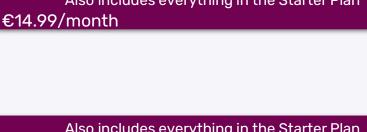








Finance



Also includes everything in the Starter Plan



Nutrition



Gympass

Digital Plan

NOOTRIC. Personalized nutrition plans supported by real nutritionists iOS, Android



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NEOU. On demand HIIT, Yoga, Barre, Dance, and Strength classes from NYC iOS, Android, Web



WELLNESS COACH. Life changing meditations and workouts to be your best iOS, Android

SLEEP CYCLE A tracking

tool to help you improve

BUDDYFIT. Offers live and

on-demand classes to help

people feel strong and

your sleep.

FABULOUS. Personal coach and happiness trainer

Starter Plan

€9.99/month



Also includes everything in the above plans



KWIT. Quit smoking and vaping with daily positivity and kindness iOS, Androic



CALM. Guided meditations and mental fitness for a more calm and mindful life iOS, Android, Web



LIFESUM. Reach your goals with meal plans, food tracker, recipes and more. iOS, Android



STRAVA. Record your run, map a cycling route & analyze your training

iOS, Android, Web



iFEEL. Track your mood or chat live with a therapist anytime iOS, Android, Web



Maya. Pregnancy, Cycle, and health tracking iOS, Android, Web



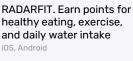
iOS, Android, Web

Les Mills+. Workout whenever, wherever to achieve your fitness goals at home, travelling, or at the gym.

MEDITOPIA. Find inner

sleep stories and music

peace through meditation,



FIZZUP. More than 600

customized meal plans

workout videos and

EKILU. Healthy meal

iOS, Android, Web

healthy eating, exercise, and daily water intake iOS, Android



healthy

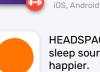
.iOS, Android, Web



GYM LIFE. Track your gym workouts create plans for each muscle group



YOGAIA. Turn your home into a yoga studio with



sleep soundly, and get happier.

iOS, Android



ZEN. Guided meditations, music and programs for personal development iOS, Android



WILD. Track how your mental and physical readiness changes daily

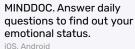


SWORKIT. 500+ Easy to follow workouts for adults, kids, and pre/postnatal iOS, Android



movr. Personalize your training experience with custom 5-minute exercises iOS, Android





ek



€14.99/month

Manage stress, improve focus and improve overall wellbeing iOS, Android, Web



Also includes everything in the above plans

HEADSPACE. Stress less,







€129.99/month

1-1

Fitness

MINDDO
question

Also includes everything in the above plans €49.99/month



Gold Plan

ifeel

Guide

iFFFL.

Individual support from

clinical psychologist

iOS, Android, Web

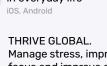
Basic Plan

Silver Plan

SUPPORTROOM. Ondemand therapy, from anywhere at anytime. Web

€79.99/month

Mental Health







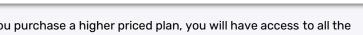












coach

THERAPY CHAT.

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iOS, Android, Web

Your online therapist and

Chronic Illness

& Healthy Habits

Platinum Plan

Gympass plans are cascading. If you purchase a higher priced plan, you will have access to all the Wellness Apps, Gyms, Personal Trainers, and Live Classes available in the lower plans as well.

Finance

Nutrition

