



Aviva Digital GP

The doctor will see you now

We believe checking in with your doctor should be quick and simple. With Aviva Digital GP you can get free around the clock access to GP video consultations, menopause services and repeat NHS prescriptions (all NHS England exemptions accepted) with free UK delivery - all at the touch of a button.

**It takes Aviva to help you live
your best life.**



Provided by Square Health, the Aviva Digital GP app effectively gives you a GP in your pocket.

Here are the benefits you can look forward to:

- Unlimited GP video consultations, 24/7:** book an appointment in-app with a private GP – at no additional cost.
- Choice of GP:** choose your GP by gender or choose to see the same GP who you've seen previously via the app within the last 6 months. Review GP bios and select a GP based on your needs and the GP's profile.
- Repeat NHS prescriptions:** order prescribed repeat medication within the app (all NHS England exemptions accepted) and get free UK delivery.
- Consultation advice:** after your GP consultation, you can see the advice you've been given and consultation history within the app.
- Your children under 16:** you can add your children under the age of 16 to your account for paediatric consultations, with a limit of 10 children per member.
- When time matters:** video consultations can help save time, with no need to visit a GP surgery. You could have an appointment in as little as 30 minutes and appointments can be booked 24/7. Your appointment slot will last up to 15 minutes.
- Support for menopause:** through the menopause service within the app you can book a 30 minute consultation with a menopause trained health professional. As menopause can affect both the individual and those closest to them, this service can be used by anyone over the age of 16 who is eligible to access Aviva Digital GP. There is also an information hub offering practical tips and support to help address and manage menopause symptoms and a symptom assessment tool that generates a tailored pre-consultation report.

The Aviva Digital GP service provides you with the opportunity to consult with a GP or menopause trained health professional on a private basis. All GPs within the app are on the GMC (General Medical Council) GP register. This is separate to services provided on the NHS. You may be required to pay a nominal fee for other services in the app that you may wish to use. The service will always notify you of any fees for services available within the app prior to any charge being made. You are under no obligation to use these additional services. Repeat prescriptions are available in-app via NHS England rates and exemptions, with free trackable UK delivery.

To get started, download the Aviva Digital GP app from the App Store or Google Play. Mobile data charges may apply. This service is a non-contractual benefit that could be changed or withdrawn at any time. Please therefore check all of the relevant terms and conditions that apply and the privacy policy - these can be viewed in-app before you sign up.

Activate the service using Access Number **752487**

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